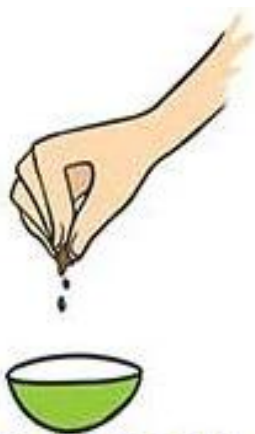


Issue #25
September
2026



Monthly Newsletter

EDITOR:
Dee



A PINCH OF SALTER



Welcome to our September edition of the monthly newsletter which means that hopefully we can look forward to some beautiful spring weather!

This also marks the 2nd year anniversary of our very first edition of "A Pinch of Salter" where we take a look at all our activities from the previous month, see what is in store for the month ahead and add a few other bits of interest in to the mix.

If you have any news or announcements (such as anniversaries, photos or other special occasions) you would like to include in A Pinch of Salter please contact one of our Lifestyle team members.

September special events:

- Concerts
- Father's Day Lunch
- Loveheartz Dance Performance
- Church Services
- Mexican Independence Day
- Ballet 4 Wellbeing
- Summer Sensory Tasting Session





A Message from Our Facility Manager

Dear Residents and Families, New Month, New Beginnings!

Welcome to spring! As the season brings warmer days and new growth, I would like to wish everyone good health, happiness, and many enjoyable moments ahead.

The past month has been particularly busy as we managed two outbreaks within our home, Gastroenteritis followed by COVID-19. I am pleased to share that both outbreaks were contained effectively, and we have had no further confirmed COVID-19 cases as of 8 September 2026. Myrtle lockdown has been concluded as of 8/09/2026.

I would also like to sincerely thank our residents and families for your patience, understanding, and support during periods of isolation and additional precautions.

Facility Updates

Resident and Relative Meeting

I was delighted to host my first Resident and Relative Meeting on 26 August 2026. I received a great deal of positive feedback from residents and family members, and I thank everyone who attended. Your ideas and suggestions are invaluable, and I encourage you to continue sharing them with us as we continue to improve our services.

Quality Care Advisory Committee

An email has recently been sent to families inviting expressions of interest to join our Quality Care Advisory Committee. This is a wonderful opportunity to contribute to the ongoing improvement of our home. If you are interested, please review the information provided and respond at your earliest convenience.

Hairdressing Services

We are currently working towards renewing the contract for our much-loved hairdresser to ensure residents can continue accessing these valued services. We will keep everyone informed of any updates.

Clinical Indicators: Falls and Infections

Our monthly data continues to show higher-than-desired rates of falls and infections. We kindly remind residents to use their mobility aids where required and seek assistance from staff when needed. Families are encouraged to support their loved ones during community outings to help reduce the risk of falls. Residents should also report any symptoms of illness promptly so our clinical team can assess and respond appropriately to minimise the spread of infection.

Recruitment of a Quality and Compliance Officer

We are currently recruiting a Quality and Compliance Officer. This position will provide additional support to staff in meeting Aged Care Standards, policies, and procedures, while also delivering education and training to enhance staff knowledge and skills. We look forward to the positive impact this role will have on our home.

Thank you once again for your ongoing support and trust. Together, we can continue to create a safe, welcoming, and caring environment where our residents can enjoy the best possible quality of life.

Kind regards,

Navdeep Kaur (Nav)

Facility Manager of Aged Care

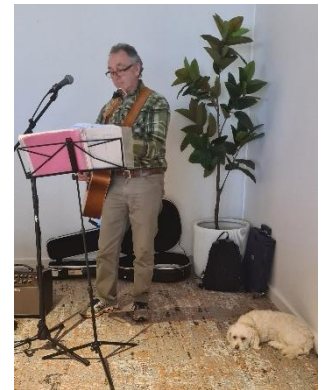




Evergreen Melodies

We sang along to all the popular tunes with Evergreen Melodies on Wednesday the 5th of September. The trio always know how to get us to sing along with them.

Can you spot Charlie?
He thought he was joining the band!



We celebrated Aged Care Employee Day last month by providing morning/afternoon tea to all our wonderful, hard-working staff. It takes special, caring people to work in aged care and we are very proud of our team here at Salter Point





Colin's Singalongs

Colin always draws a crowd with his piano singalongs which have become a regular inclusion on our program. Our residents are enjoying them even more now that we have made up songbooks so that they don't have to

guess the words or mime 😄

Thank you so much Colin for sharing your beautiful talent with us!



I USED TO PLAY THE PIANO
BY EAR



SINCE THEN I'VE LEARNED
HANDS WORK SO MUCH BETTER



We also have Berta and Dale (above) who like to tinkle the ivories



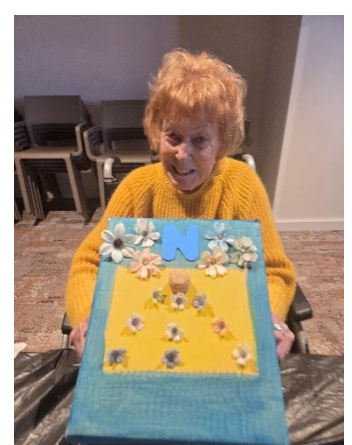
Enjoying
some
lovely
Spring
weather!





Arts & Crafts

During August some of our residents had fun producing their own letterboxes to attach to their doors. Not only can they be used for official mail but also handy for reminders or even anonymous love notes perhaps?



Putt Putt golf is a popular pastime here at Salter Point with many residents happy to show off their great golfing skills!





Australian Government
Aged Care Quality and Safety Commission



2. Clean your hands often



You should clean your hands before and after you prepare food and visit people, and after you use the toilet. Use soap and water and wash your hands after you use the toilet and if your hands are visibly dirty, otherwise use hand sanitiser to clean your hands.

3. Use protective equipment



Protective equipment can include masks, gowns, aprons, gloves and eye protection. Always check instructions on their use. If these items are required, talk to a staff member about how to use them properly so you and your loved ones are protected.

1. Stay at home if you feel unwell



Even if you only have mild symptoms of an infection staying at home is the best thing to do to protect everyone.

4. Follow cough etiquette



If you have to sneeze or cough, make sure that you sneeze or cough into your elbow. Dispose of dirty tissues in a bin. Always perform hand hygiene after coughing, sneezing and after using a tissue.

5. Let the service know if you develop symptoms of an infection within 5 days



If you develop symptoms of a viral, respiratory or gastrointestinal infection within 5 days of visiting, let the service know so that they have information to keep everyone safe.



Scan the code for a virtual introduction to infection prevention and control in aged care services.



Dana Kaz

has become a firm favourite with our residents, most likely due to her heavenly vocals which are not only soothing to listen to but also great to dance to!



Residents enjoying Balloon Games!



Salty's Café celebrates its 1st Birthday!

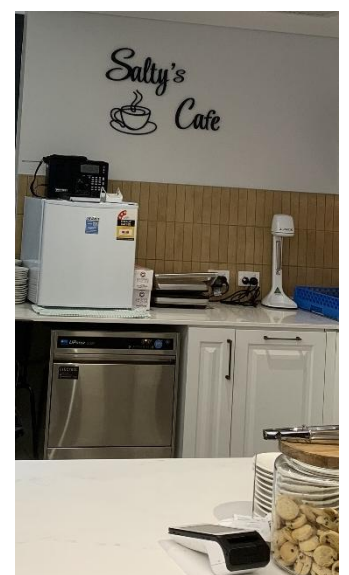


Our beautiful café staff, Shelley and Lena were very proud to be a part of the celebrations on Wednesday the 12th of August and a huge thank you to Lena for organising free cake to make the big day even more special! We have been told that the coffee at Salty's is the best in Perth so congrats ladies for the awesome feedback!



New Sign for Salty's Café

As a 1st birthday gift our café received a fantastic new sign which was proudly made and mounted in position by staff member Del. Thank you so much Del for all the time and effort you put in to making our sign perfect. It looks amazing!





Our August bus outing to the Albion Hotel for lunch was enjoyed by everyone who made the trip with the traditional ice-cream on the way home always a winner!



Mandy took us to Slovenia in Eastern Europe for our August session of Armchair Travel. Mandy already knew how beautiful this part of the world was having already been there on holiday but the rest of us were shown just how gorgeous this forgotten holiday destination is!

Our residents were very keen to try a culturally traditional drink of Slovenia, Schnapps!





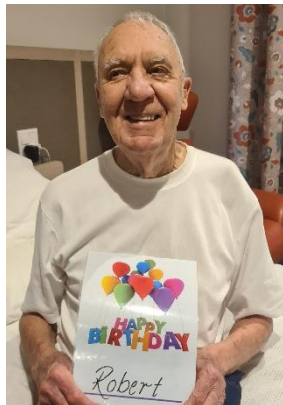
Picasso Group

With our Country and Western Hoedown quickly approaching our Picasso Group produced these amazing cowboy boots to hang in our gallery. They look incredible! Please check them out proudly displayed between the doors of Magnolia and Rosewood.

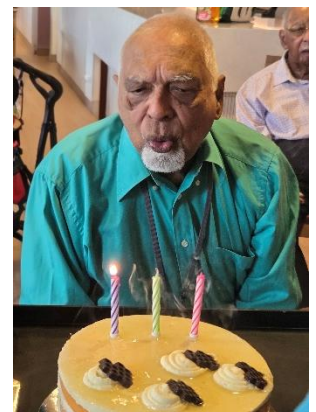




August Birthday Celebrations



On the 18th of August Francis celebrated his birthday over lunch with family and friends followed by a concert in our Rosewood wing which his daughter organised. Everyone appreciated the afternoon of music and cake with 2 other residents in Rosewood also celebrating their birthdays.



**IT'S BETTER TO
GROW OLD WITH
A SENSE OF
HUMOUR THAN
TO GROW OLD
WITH NO SENSE
AT ALL**





Country and Western Hoedown!

I know that technically our hoedown should be included in next month's issue but as we held it on the 1st of September and we all had such a fantastic time I couldn't wait to share all the photos!

Thank you to; our beautiful lifestyle team members who altered their working hours to facilitate such a fun filled evening, our entertainer Tim Baptist for his passion and energy, the family member who joined us and took video proof that all our line dancing practice paid off and all our enthusiastic residents that managed to stay up a little later that evening to join us!





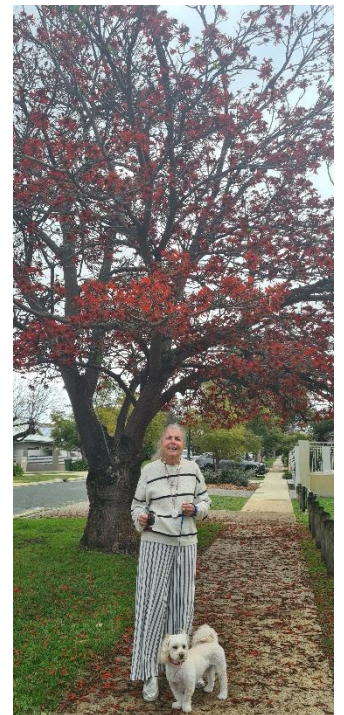
More photos!



Congratulations to Anna (above) who won our Best Dressed of the evening!



Around our home





SALTER POINT SALON PRICE LIST

HAIR CUTS	\$40
BLOWDRY OR SET	\$50
TINT	\$140
FOILS	½ HEAD \$120
	FULL HEAD \$150
PERMS	\$150

***ALL COLOURS & PERMS INCLUDE A FREE BLOWDRY/SET**

*** A fee of 10% will be added to prices for GST**

**All payments to be paid in full on the day of the appointment, if possible, by the resident.
This can be settled via cash or card.**

**If a family member is handling the payment, my BSB & ACC details are provided below
to make it easy for payment to be settled within the week.**

**My phone number and email are also provided for residents and family members to
easily contact me for appointments and queries.**

Renae (HairStylz by Renae)

BSB – 062 692

ACC – 7072 4422

REF – (resident's name)

Email - renaegorddard@hotmail.com

Phone – 0416 341 809

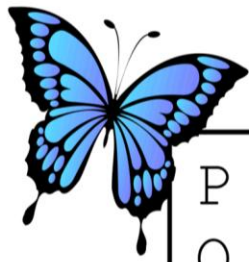
Beautician



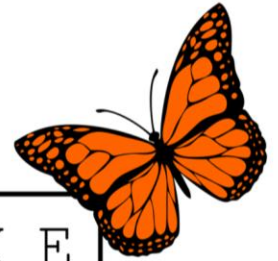
**Reminder! Our onsite beautician, Summer, is available for
resident appointments. Price lists are available on notice
boards in all wings or on the Hair Salon door.**

**If you are interested in any of
her services please contact her
directly on 0422937603 or see
a Lifestyle team member.**





Spring Flowers



P T T X C P E T U N I A N X E
O A S Y I S V I O L E T F A G
P A J D A I S Y Y L R N Y A E
P Z Q C R O C U S I U Z I H R
Y C O S M O S C D L O H G N A
S U N F L O W E R Y T S B W N
D M D C H F R D V Y Z I O P I
L Q S A Q N Z V S A Z R K A U
O K C R F B R R Y D Z I A N M
G K A N A F O O E O Z A S S U
I E L A L F O D S K N C L Y X
R M I T Z G E D E E E A L E U
A O L I G U Z P I Z I N N I A
M Q T O Q X U A L L D J N K Y
Y R O N L T O Y F T U L I P S

Word list:

AZALEA

DAISY

LILY

ROSE

CARNATION

FORSYTHIA

MARIGOLD

SUNFLOWER

COSMOS

GERANIUM

PANSY

TULIP

CROCUS

IRIS

PETUNIA

VIOLET

DAFFODIL

LILAC

POPPY

ZINNIA

