

**Issue #22
June
2026**



Monthly Newsletter

**EDITOR:
Lis**



A PINCH OF SALTER

hello
winter

Welcome to our newsletter for June which means we are officially in Winter! Even though our days are cooling off and the rain is turning up we continue to have plenty of fun indoors!

We hope you enjoy checking out what we got up to during May in the following pages!

June will include:

- Anglican and Catholic Church Services
- Aquinas Students Visits
- Concerts
- Resident's Meeting
- Ballet 4 Wellbeing Session
- Picasso Group
- Bus Outing

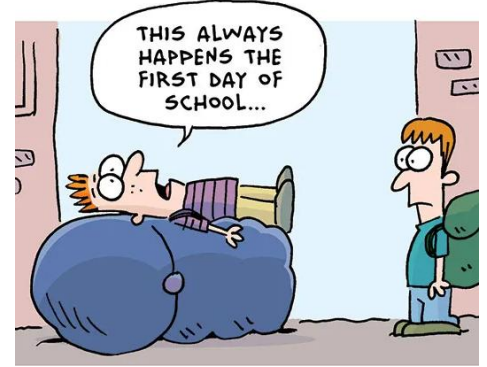
Plus our regular activities such as bingo, bocce, quoits, quiz time/word games, ten pin bowling, pamper sessions, pet therapy, board games, Picasso painting group, craft





Aquinas Students Weekly Visits

**Why didn't the skeleton go to school?
His heart wasn't in it.**



Glenn Levi

Returned to entertain everyone on Tuesday 5th May and was warmly welcomed back by our residents who thoroughly enjoyed his performance.

Glenn had the Lifestyle Team up and doing line dancing to "These boots were made for walking" which was truly enjoyed by the residents.





A Mother's Day High Tea was held for all our lovely resident Mums on Friday 8th May.

This year we once again brought out the fine china and organised two High Tea's, one in the morning for the ground floor residents and one in the afternoon for the first floor residents. This gave us the opportunity to truly concentrate and spoil the Mother's for their special day.

Fresh scones with jam and lots of cream were thoroughly enjoyed by all!





Mother's Day Arts and Crafts

Residents enjoyed making some crafts for Mother's Day. They tried their hands at shaping some air-drying clay and making some decorations for our High Tea.





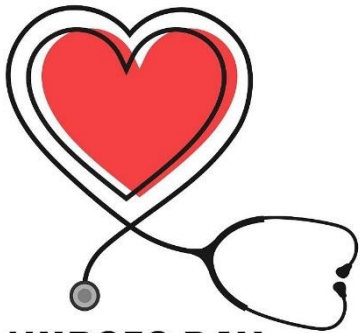
Mother's Day gifts for our resident Mum's

Gifts were handed out by our Lifestyle Team member, Vance, on Mother's Day. We hope you were all spoilt and enjoyed celebrating with family and friends!





INTERNATIONAL



NURSES DAY
MAY 12

Our wonderful nurses celebrated their special day with a delicious morning tea. We hope they all felt appreciated for all the hard work and care they put into each and every day.

Thank you for everything you do!

"DO YOU WANT TO SPEAK TO THE DOCTOR IN CHARGE, OR THE NURSE WHO REALLY KNOWS WHAT IS GOING ON?"

- unknown



Paul Robinson

Paul Robinson is a big hit with our residents and came along to entertain us on the 13th of May. His cheekiness and ability to get everyone involved with his interactive performance is a lot of fun. Charlie also loves him!





Armchair Travel

This month, our Armchair Travel journey explored the Philippines, hosted by our team member Vance. Wearing a traditional men's shirt, Vance shared stories of his culture and brought in a delicious Filipino dessert, Biko, for residents to enjoy while learning about his home country.



Church Services

On the 20th of May residents welcomed our local priest Father Anthony Vu to conduct our first Catholic Service at our facility. This Service will be taking place on the 3rd Wednesday of each month.





The Silver Crowd Group

This month, we were treated to a fantastic performance from new entertainers, The Silver Crowd Group. Their enthusiasm and talent were truly appreciated, and it was clear they enjoyed performing just as much as our residents enjoyed the experience!



Sing-a-long with Colin

A big thank you to Colin and his daughter, Janelle, for providing beautiful piano music at our Friday afternoon sing-along. It's such a lovely way to wrap up the week. Residents had a fantastic time singing along to many well-loved songs. We are now in the process of preparing songbooks to make these sessions even more enjoyable for everyone.





Bus Outing



This month, we visited "The Wray Hotel" in Fremantle for lunch. As you can see from the photos, the food was fantastic! Residents topped off the outing with ice cream while enjoying the stunning views from Monument Hill.





Afternoon tea for our Mum's-to-be!

We enjoyed a delightful afternoon tea as we celebrated the upcoming arrivals of Sheila's and Sonika's babies. The gifts revealed that Sheila is expecting a baby boy, while Sonika is looking forward to welcoming her second daughter.



Sheila also had some hands-on practice cuddling our therapy doll, "Poppy"! We have no doubt she will make a wonderful mum.



You can find our monthly newsletter and weekly activity programs on our website using the link below. Simply click on "Services," then scroll down to "Social Calendar" to view the latest updates. We've added new activities in each wing and made some changes to the schedule so be sure to check it out!

Reminder! <https://www.salterpointagedcare.com.au/>

Staff Recognitions

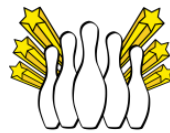
At our last staff meeting, we proudly celebrated and recognised some of our long-standing team members who have dedicated 5 to 19 years of service. Well done and thank you for your commitment!





Group Activities

Because of the popularity of activities like bocce, ten-pin bowling, and bingo, we will now run two sessions-one for the ground floor and one for upstairs. Please check your program for updated times. The competition is fierce-we even need to take photos sometimes to confirm the winner!





Around our home!

Every day, we see new friendships form and couples taking time to sit and chat. Visitors are welcomed with a comfy seat and a cuppa, while Charlie is always spoilt with a cuddle. These little moments make each day special—and sometimes, we're lucky enough to capture them in a photo.





Hair Salon

SALTER POINT SALON



PRICE LIST

HAIR CUTS **\$40**

BLOWDRY OR SET **\$50**

TINT **\$140**

FOILS **½ HEAD** **\$120**

FULL HEAD **\$150**

PERMS **\$150**

***ALL COLOURS & PERMS INCLUDE A FREE BLOWDRY/SET**

*** A fee of 10% will be added to prices for GST**

**All payments to be paid in full on the day of the appointment, if possible, by the resident.
This can be settled via cash or card.**

**If a family member is handling the payment, my BSB & ACC details are provided below
to make it easy for payment to be settled within the week.**

**My phone number and email are also provided for residents and family members to
easily contact me for appointments and queries.**

Renaë (HairStylz by Renaë)

BSB – 062 692

ACC – 7072 4422

REF – (resident's name)

Email - renaegorddard@hotmail.com

Phone – 0416 341 809

**Please note that Renaë is to be contacted directly on her mobile number or email for
appointments, not through our facility staff.**



Wing Activities

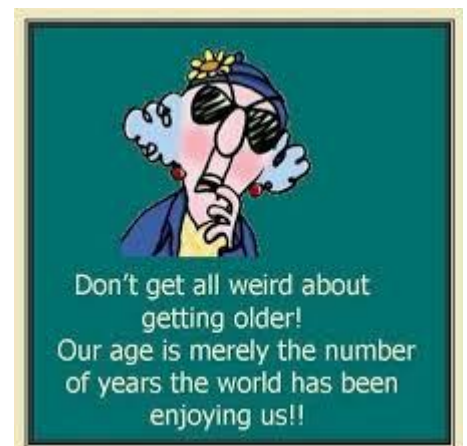




May Birthdays



"Birthdays are good for you. Statistics show that the people who have the most live the longest." — Larry Lorenzoni





Winter Word Search

S K I I N G S N O W B O O H T
 S F I R E P L A C E I N G E O
 L I E A R M U F F S C N Y T S
 E W S B C O L T R A E S T A C
 D I M L R O W S N O U G H E A
 D N U I A U L O W P S H T O R
 I T F Z E S A D E H A T A O F
 N R B Z B A E R O W P L Y I I
 G C O A T O T L Y D M W L C R
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 W J A N U A R Y O E S A H S T
 M I T T E N S W E A T E R E L

BLIZZARD
 BOOTS
 COAT
 COCOA
 COLD
 DECEMBER
 EARMUFFS
 FEBRUARY

FIREPLACE
 FROSTY
 HAT
 ICE
 ICICLES
 JANUARY
 MARCH
 MITTENS

PLOW
 SCARF
 SHOVEL
 SKIING
 SLEDDING
 SNOW
 SWEATER
 WINTER

